COVID-19 is a very bad virus that makes many people sick. Scientists are working to make the virus go away. Doctors and nurses are helping people who are sick.

It is not safe to go to school now. I don't like COVID-19 virus. It is frustrating that school is closed. It's sad to stay home all the time. Its okay to feel worried, frustrated or sad about this change.

School is different this year. It is virtual school. I will do school work with my teachers on my computer or iPad. They will help me understand why everything is different. They will teach me in a new way.

I will work with my teachers in a different way. It is called **virtual school**. I will do work and fun activities with my teachers on the computer or iPad using Google Classroom, Zoom or another video platform.
I will check my virtual school schedule everyday. I will use Google Classroom and Zoom everyday. I will follow the virtual school roles. My teacher will explain the virtual school rules everyday.

I will do all my virtual school work at home. My family will help me at home, and my teachers will help me virtually.

This is a big change. I can stay calm. I can write a story. I can take a break, do yoga, and relax.

We don't know when the school building will open. We need to wait until scientists, doctors and nurses say "its safe to go to school." It is okay to think 'a little bit' about the change. It is a really good idea to think about doing work and fun things in school.